

PHRASAL VERBS

1. **Call for**(की मांग करना) (phrasal verb) - require, publicly ask/ necessitate, demand.
They **called** for an investigation into how the investments were made and who is responsible.
2. **Get away from**(बचना) (phrasal verb) - escape, elude/ dodge, get rid of.
I needed to **get away** from the pressures of work.
3. **Account for** (phrasal verb) - to form the total of something: Students **account** for the vast majority of our customers. Existing and being to give a reason or explanation for (something)
कारण बताना
How do you account for the company's high staff turnover?
4. **Hold off** (phrasal verb) - hold back, delay/ to delay or postpone an action or decision Buyers have been holding **off** until the price falls
5. **Bank on** (phrasal verb) - rely on, depend on, count on.
Can I bank on your support?
6. **Usher in** (phrasal verb) - to start/begin, initiate/introduce.
The talks ushered in a new era of international co-operation.
7. **Strike down** (phrasal verb) - abolish, annul, nullify (a law regulation esp. an illegal one).
The court struck down the law on the grounds that it was unconstitutional.
8. **Spring out/up** (phrasal verb) - appear, develop, arise (suddenly). उत्पन्न होना
Thousands of new businesses have sprung up in the past couple of years
9. **Drum up** (phrasal verb) - to try to increase business activity to get support for something.
Retailers are trying to drum up sales with pricecuts.
10. **Lay down** (phrasal verb) - formulate, stipulate, enact (a rule). स्थापित करना
The coach laid down the rules from the first day of practice
11. **Take up** (phrasal verb) - accept agree, undertake. शुरू करना
I'm not very good at golf - I only took it up recently
12. **Set aside** (phrasal verb) - overrule, overturn, cancel/dismiss. परवा न करना to decide not to consider something:
We need to **set aside** our differences and begin to cooperate
13. **Get around** (phrasal verb)
To circumvent or evade: *managed to get around the rules.*
2.To deal with; overcome: *got around the problem.*
3.To convince or win over by flattering or cajoling.
4.To travel from place to place: *It is hard to get around without a car.*
5. To become known; circulate: *Word got around.*
14. **Chalk out** (phrasal verb) - plan, devise/conceive, formulate. रूपरेखा प्रस्तुत करना
We need to chalk out our financial planning
15. **Get away with** (phrasal verb) - escape blame for, escape punishment to manage to do something bad without being punished or criticized for it. They have repeatedly broken the law and **got away** with it.
16. **Push through** (phrasal verb) - succeed in passing a law accepted by the people who oppose it.
The president is trying to **push through** various tax reforms.
17. **Hold out** (phrasal verb) - continue, persevere, keep going.; प्रतिरोध करना resist or survive in difficult circumstances.
"British troops **held out against** constant attacks"
18. **Hold back** (phrasal verb) - desist, discontinue, refrain from doing something.; रोक सकना
She kept trying to **hold back** her tears.
19. **Clear up** (phrasal verb) - solve, resolve, answer.; ठीक करना (of an illness or bad weather) to go away, changing into a better condition:
If my cold doesn't clear up, it will ruin my vacation.
Let's hope the weather clears up.
20. **Crank up** (phrasal verb) - increase, enlarge, raise.
The kids cranked up the volume on the stereo

If we don't crank up our efforts, we'll never meet our goal for the fundraiser.

21. **Run into** (phrasal verb) - experience, encounter, meet with.
I ran **into** my boss at the supermarket. reach (a level or amount). "debts running into millions of dollars"
22. **Lash out** (phrasal verb) - criticize, attack, censure verbally.
I was only teasing him and suddenly he **lashed out** (at me) and hit me in the face.
23. **Walk back** (phrasal verb) - reverse, change; retreat.
He has since walked back his opposition to the bill.
24. **Lie in** (phrase verb) - be present, exist.
His skill **lies** in his ability to communicate quite complex ideas very simply.
25. **Double down** (phrasal verb) - to be more firm & resolute on something (decided) even if that might be a risky choice. to continue to do something in an even more determined way than before;
to significantly increase or strengthen effort, investment, or resolve toward some goal, strategy, or action so as to maximize the potential yield as a result
The president made clear that he intends to double down the government's involvement in the war overseas
With the market booming, many companies are doubling down their development in mobile apps and games.
26. **Back down** (phrasal verb) - withdraw, give in.
If you **back down**, you withdraw a claim, demand, or commitment that you made earlier, because other people are strongly opposed to it.
Local residents have forced the local council to back down from/on its plans to build a nightclub on their street.
27. **Stand for** (phrasal verb) - advocate, champion, uphold/support (an idea).
The party is trying to give the impression that it alone stands for democracy.
28. **Claw back** (phrasal verb) - a situation in which a government or company takes back money that it has already paid. retrieve, retake, reclaim., वसूली करना
They will eventually be able to claw back all or most of the debt.
29. **Push back** (phrasal verb) - postpone, stall, delay.
How do we push back against urban poverty without replacing one need with another need?

a negative or unfavourable reaction or response. "we got some pushback on the new pricing"

30. **Throw open** (phrasal verb) - make something accessible/attainable suddenly & fully.; खोल देना
His withdrawal **threw open** the nomination to all comers
31. **Carve out** (phrasal verb) - create, establish, take out (something with effort from a whole).; कड़ी मेहनत से कमाना to create or obtain something that helps you by skillful activities)
She **carved out** a reputation for herself as a high-powered lawyer
32. **Strike out** (phrasal verb) - to start doing something new, independently of other people
After working for her father for ten years, she felt it was time to strike out on her own be unsuccessful, fail.
"the company struck out the first time it tried to manufacture personal computers"
33. **Give up** (phrasal verb) - abandon, forgo, renounce.
34. **Bank on** (phrasal verb) - rely on confidently. , depend on, count on. "the prime minister cannot bank on their support"
35. **Beat back** (phrasal verb) - to force (someone) to go back or to retreat by fighting repel, fight off, repulse/drive away.; मार भगाना
Our troops were beaten **back** by enemy forces
36. **Step down** (phrasal verb) - resign, give up one's job, stand down.
"he stepped down as party leader"
37. **Pull out** (phrasal verb) - withdraw, leave, get out.
38. **Put forward** (phrasal verb) - propose, table, submit.
The proposals that you have **put forward** deserve serious consideration.
39. **Lay down** (phrasal verb) - formulate, stipulate, set down. if you **lay down** a rule or a principle, you state officially that people must obey it or use it
You can't lay down hard and fast rules.
40. **Look after** (phrasal verb) - take care, manage, provide for, support.
41. **Push through** (phrasal verb) - succeed in passing a law accepted by the people who oppose it.
The president is trying to **push through** various tax reforms.
42. **Call for** (phrasal verb) - require, publicly ask or demand.
"the report calls for an audit of endangered species"

43. **Contend with** (phrase verb) - cope with, face, grapple/deal with.; to have to deal with a difficult or unpleasant situation:
At the age of nine, he had the death of both parents to **contend** with.
44. **Draw on** (phrasal verb) - make use of, exploit, use/utilize.
to use information or your knowledge of something to help you do something:
His novels draw heavily on his childhood.
45. **Stand with** (phrasal verb) - stand by, support, be loyal to.
I'll stand with you to the end.
46. **Sail through** (phrasal verb) - to succeed very easily in something
Rachel sailed **through** her finals and got A's in everything.
47. **Lay bare** (phrasal verb) -to reveal or explain, expose, disclose; प्रकट कर देना
he laid bare his plans.
48. **Crash out** (phrasal verb) If someone **crashes out** somewhere, they fall asleep where they are because they are very tired or drunk.
I just want to **crash out** on the sofa. .
crash out (of something): to lose a game with the result that you have to stop playing in a competition; eliminate
They crashed out of the World Cup after a 2-1 defeat to Brazil.
49. **Lie in** (phrasal verb) - be present, be contained, exist.
to exist or be found in something:
His skill **lies** in his ability to communicate quite complex ideas very simply.
50. **Do away with** (phrasal verb) - abolish, discard, remove.
put an end to; remove.
People thought that the use of robots would do away with boring low-paid factory jobs.
51. **Go away** (phrasal verb) - to end, to stop existing/happening.
The pain should go away in a couple of hours.
52. **Let down** (phrasal verb) - fail to support, disappoint, abandon/neglect.
The families of the victims feel that the justice system has **let them down**.
53. **Rely on** (phrasal verb) - depend on; resort to, have recourse to.
54. **Get along** (phrasal verb) - be friendly, be in harmony, be compatible.
55. **Call off** (phrasal verb) - cancel, abandon, shelve/drop.
56. **Set up** (phrasal verb) - establish, start, begin.
57. **Brush aside** (phrasal verb) - dismiss, disregard, ignore.
He **brushed aside** questions about his son's arrest.
58. **Rope in** (phrasal verb) - enlist, engage, persuade.; मनाना
to force or persuade someone to join a group or become involved in something:
The National Guard **roped** him in for another two years of service
59. **Stick to** (phrasal verb) - adhere to/abide by, keep, hold to.
60. **Step up** (phrasal verb) - increase, strengthen, accelerate.
to take action when there is a need or opportunity for it:
Investors have to step up and assume more responsibility for their assets.
61. **Wean off** (phrasal verb) - to detach, disconnect, o make someone gradually stop depending on something that they like and have become used to, especially a drug or a bad habit.
We're trying to wean ourselves off watching too much television.
62. **Throw up** (phrasal verb) - produce something.
The meeting threw up some interesting ideas.
63. **Come forward** (phrasal verb) - volunteer, step forward.
64. **Give up** (phrasal verb) - abandon, forgo, renounce.
65. **Warm to** (phrasal verb) - like, take to, become supportive of. **warm up to sb to start to like someone**
Ali immediately warmed to him
66. **Lie in** (phrasal verb) - be present, be contained, exist.
67. **Turn up** (phrasal verb) - arrive, attend, be present.;
If a better situation or an opportunity to do something turns up, it happens or becomes available unexpectedly or in a way that was not planned:
Don't worry about it - something will turn up, you'll see.
68. **Rein in** (phrasal verb) - restrict, control, restrain. रोकना to limit or control (someone or something)
His administration's economic policy would focus on reining in inflation.
69. **Tone down** (phrasal verb) - moderate, mitigate, modify/soften.
People will be more likely to listen to you if you **tone down** your language a little.
70. **Sit down** (phrasal verb) - accept/tolerate (tough situation).

150 countries sat down to discuss the impact of human activities on the atmosphere.

71. **Fall over** (phrasal verb) - crash, collapse, stop working.
I fell over the skates that you left on the stairs.
72. **Call for** (phrasal verb) - require, publicly ask/necessitate, demand.
73. **Take on** (phrasal verb) - compete against, oppose, challenge/confront. मुकाबला करना
If you **take on** a job or responsibility, especially a difficult one, you accept it.
No other organisation was able or willing to take on the job.
74. **Drop out** (phrasal verb) - withdraw from, give up, cancel.
He dropped out of school when he was 16
75. **Let down** (phrasal verb) - fail to support, disappoint, abandon/neglect.
76. **Dwell on** (phrasal verb) -
to keep thinking or talking about something, especially something bad or unpleasant:
In his speech, he dwelt on the plight of the sick and the hungry. linger over, think about, mull over.
77. **Catch up with** (phrasal verb) - succeed in reaching a person who is ahead of one; to draw level with.
We left before them, but they soon **caught us up** again.
78. **Lag behind** (phrasal verb) - trail, fall back, grow/develop slowly. 17. fall behind (phrasal verb) - default, be overdue, lag.
79. **Stand up to** (phrasal verb) - defy, confront, challenge.; डट कर सामना करना
to defend yourself against a powerful person or organization when they treat you unfairly:
He wasn't afraid to **stand up** to bullies.
80. **Die down** (phrasal verb) - come to an end, drop/stop, diminish; to gradually become less strong.
... She waited for the noise to **die down** before she started singing.
81. **Map out** (phrasal verb) - outline, set out, detail.; to plan the details of (something, such as a program or one's future) We **mapped out** a plan of action.; योजनाबद्ध करना
82. **Flesh out** (phrasal verb) - expand, add detail to, augment/refine.; अतिरिक्त ब्योरा जोड़ना
to add more detail when describing or explaining something: Emily should have included these pieces of information to **flesh out** her argument
83. **Step back** (phrasal verb) - withdraw, disengage, pull out/pull back.

84. **Harp on** (phrasal verb) - talk or write/complain continuously and lengthy on a particular subject.; बडबडाना
She kept harping on the fact that she had no household help at all .
85. **Crop up** (phrasal verb) - happen, occur, arise.; सामने आना some urgent business had cropped up
86. **Come up** (phrasal verb) - occur or present itself, especially unexpectedly when the opportunity came up again we didn't hesitate
87. **Cry out for** (phrasal verb) - require, demand, need.
The country is crying out for a change in leadership.
88. **Put out** (phrasal verb) - publish, release, publicize/circulate.
The French news agency put out a statement from the Trade Minister
89. **Cut into** (phrasal verb) - obstruct, interrupt, interfere; to interrupt an activity or process
90. **Grapple with** (phrasal verb) - tackle, deal, struggle.
91. **Leave aside** (phrasal verb) - neglect, ignore, snub/brush off.
92. **Throw up** (phrasal verb) - produce something.
93. **Rely on** (phrasal verb) - depend on; resort to, have recourse to.
94. **Hold out** (phrasal verb) - resist or survive in difficult circumstances; withstand
"British troops **held out against** constant attacks"
95. **Stick to** (phrasal verb) - adhere to/abide by, keep, hold to.
96. **Back off** (phrasal verb) - पीछे हटना retreat, withdraw, draw back. draw back from action or confrontation.
"they **backed off from** fundamental reform of the system"
97. **Write off** (phrasal verb) - disregard, dismiss, ignore (someone/something as insignificant). नकारना
He is fed up with people writing him off because of his age.
98. **Look forward to** (phrasal verb) - wait for, count on, expect.
99. **Show off** (phrasal verb) - display one's abilities.
100. **Stand by** (phrasal verb) - support, stand up for, uphold/defend.
101. **Chip away at** (phrasal verb) - to gradually make something weaker, smaller, or less effective. धीरे-धीरे नष्ट करना
The company's dominance of the market is gradually being chipped **away**. **chip away at** .

102. **Lag behind** (phrasal verb) - trail, fall back, grow/develop slowly.
103. **Win over** (phrasal verb) - persuade, talk round, induce.; to succeed in getting someone's support or agreement, esp. when the person was previously opposed to you ; राजी करना
He had some good ideas, but failed to **win over** Congress.
104. **Keep out** (phrasal verb) - exclude, deny access to, prohibit.
105. **Set off** (phrasal verb) - give rise to, cause/ invoke, begin/start.
What time do we set off tomorrow?
106. **Nut up** (phrasal verb) - provide, give, furnish.
107. **Drive down** (phrasal verb) - force, impel press, (price/rate to go down).; to force a price, value, etc. to go **down**:
The company's primary concern was to increase competition and **drive down** prices.
108. **Draw up** (phrasal verb) - prepare, formulate, arrange; रूपरेखा बनाना
I've drawn up a list of candidates that I'd like to interview.
109. **Pop up** (phrasal verb) - appear abruptly, occur suddenly, arrive.
She's one of those movie stars who pops up everywhere, on TV, in magazines, on Broadway.
110. **Keep up with** (phrasal verb) - match, equal, compete/vie with.
Wages are failing to **keep up** with inflation
111. **Lie ahead** (phrasal verb) - be going to happen.
"I'm excited by what lies ahead"
112. **Boil over** (phrasal verb) - reaching the point at which a condition becomes more serious (due to angry) & it cannot be controlled.
Union members' frustrations **boiled over** in demonstrations this weekend.
113. **Claw back** (phrasal verb) - retrieve, retake, reclaim.
114. **Call on** (phrasal verb) - demand, ask, request.
to ask someone to do something: She **called on** Americans to be more tolerant of each other.
115. **Come up with** (phrasal verb) - produce, devise, propose.
She's come up with some amazing scheme to double her income
116. **Crash out** (phrasal verb) - eliminate.
117. **Rule out** (phrasal verb) - exclude, eliminate, reject. ; खारिज कर देना exclude, eliminate. 2 : to make impossible : prevent
Heavy rain **ruled out** the picnic.
118. **Mop up** (phrasal verb) - बुरी तरह से पछाड़ देना
to finish the last part of a job after most of it has been completed *The battle had been won,*
- but two infantry units were left behind to mop up.*
119. **Cast away** (phrasal verb) - discard/reject, abandon, leave behind.
120. **Come under** (phrasal verb) - be subjected to.
121. **Call off** (phrasal verb) - cancel, abandon, shelve/drop.
122. **Fold up** (phrasal verb) - fail, collapse/crumble, give up.
small businesses were *folding up* right and left
123. **Turn away** (phrasal verb) - refuse admittance to, send away, reject/rebuff/repel.
124. **Shore up** (phrasal verb) - bolster up, support, buttress/strengthen.; मजबूत करना
The tax cuts are supposed to *shore up* the economy.
125. **Play down** (phrasal verb) - कम करके दिखाना
under-emphasize, downplay, understate; to make something seem less important or less bad than it really is:
Military spokespeople tried to **play down** the seriousness of the disaster.
126. **pop up** (phrasal verb) - appear abruptly, occur suddenly, arrive.
127. **Set on** (phrasal verb) - strike, attack, hit.
128. **Account for** (phrasal verb) - constitute, make up, comprise/form.
129. **Contend with** (phrase verb) - cope with, face, grapple/deal with.
130. **Factor in** (phrasal verb) - included/added as a factor/point when making a decision.
People are earning more, but when inflation is factored in, they are no better off.
131. **Rustle up** (phrasal verb) - तैयार करना produce, make, **to make, find,**
or prepare something quickly:
Give me a minute and I'll rustle up some scrambled eggs.
132. **Crowd out** (phrasal verb) - oust, overthrow, remove.; बाहर कर देना
The quick-growing grass is crowding **out** native plants.
133. **Keep away** (phrasal verb) - stay away, keep away, withdraw.
134. **Reach out** (phrasal verb) - contact someone to obtain/offer help/assistance/cooperation.
135. **Pull out** (phrasal verb) - withdraw, leave, get out.
136. **Take on** (phrasal verb) - compete against, oppose, challenge/confront. मुकाबला करना
137. **Kick in** (phrasal verb) - come into effect.
"the hospital's emergency generators kicked in"
138. **Prop up** (phrasal verb) - support, assist, help.

This new initiative is

a desperate attempt to prop up the economy.

139. **Swear by** (phrasal verb) - believe in, express confidence in, trust.
My dad swears by these vitamin pills.
140. **Look forward to** (phrasal verb) - wait for, count on, expect.
141. **Pass through** (phrasal verb) - go through, experience, undergo.
142. **Pump in** (phrasal verb) - invest a large sum of money in something.
143. **Draw up** (phrasal verb) - prepare, formulate, arrange.
144. **Throw open** (phrasal verb) - make something accessible/attainable suddenly & fully.
145. **Rein in** (phrasal verb) - restrict, control, restrain.
146. **Cool down** (phrasal verb) - control, regain, recover (to normal state).
147. **Ramp up** (phrasal verb) - increase.
They saw a ramp-up in orders.
148. **Come up with** (phrasal verb) - produce, devise, propose.
149. **Rely on** (phrasal verb) - depend on; resort to, have recourse to.
150. **Pare down** (phrasal verb) - reduce, diminish, decrease.; to **pare down** one's expenses
151. **Train on** (phrasal verb) - aim, point, position.
The guards trained their rifles on us as we approached the gate.

GUPTA CLASSES